## MedPharmRes (MPR) TITLE PAGE Upload this completed form to website with submission

ARTICLE INFORMATION	Fill in information in each box below
Article Type	Research article
Article Title (within 20 words without	Effectiveness of Clinical Pharmacist Interventions on
abbreviations)	
	Improving the Appropriateness of Prescription and
	Treatment Outcomes for Acute Myocardial
	Infarction Patients: A Before-After Study at a
	Vietnamese hospital
Running Title (within 10 words)	Clinical pharmacist intervention in the treatment of
	myocardial infarction
Author	Nhu Quynh Tran <sup>1,2</sup> , Tan Van Nguyen <sup>3,4</sup> , Quynh Thi Huong Bui <sup>1,2,*</sup>
Affiliation	<sup>1</sup> Department of Clinical Pharmacy, Faculty of Pharmacy,
	University of Medicine and Pharmacy at Ho Chi Minh
	City, Ho Chi Minh City, Vietnam
	<sup>2</sup> Department of Pharmacy, Thong Nhat Hospital, Ho Chi Minh City, Vietnam
	<sup>3</sup> Department of Geriatrics and Gerontology, University
	of Medicine and Pharmacy at Ho Chi Minh City, Ho Chi
	Minh City, Vietnam
	<sup>4</sup> Department of Interventional Cardiology, Thong Nhat
	Hospital, Ho Chi Minh City, Vietnam
ORCID (for more information, please visit	Tran Quynh Nhu (https://orcid.org/0009-0009-0379-
https://orcid.org)	5826)
	Tan Van Nguyen (https://orcid.org/0000-0002-0234-
	6596) Quynh Thi Huong Bui (https://orcid.org/0000-0003-
	3451-4870)
Competing interests	No potential conflict of interest relevant to this article
	was reported.
<b>Funding sources</b>	Not applicable.
State funding sources (grants, funding	
sources, equipment, and supplies). Include	
name and number of grant if available.	
Acknowledgements	The authors thank all the staff members at the
	Department of Pharmacy and the Department of
	Interventional Cardiology of Thong Nhat Hospital for
	their contributions to our study.

Availability of data and material	Upon reasonable request, the datasets of this study can be available from the corresponding author.				
	be available from the corresponding author.				
<b>Authors' contributions</b>	Conceptualization: Tran Quynh Nhu, Tan Van Nguyen,				
Please specify the authors' role using this	Quynh Thi Huong Bui				
form.	Data curation: Tran Quynh Nhu				
Authors can't change and add items, but you	Formal analysis: Tran Quynh Nhu				
can delete items that are not applicable.	Methodology: Tran Quynh Nhu, Tan Van Nguyen,				
	Quynh Thi Huong Bui				
	Software: Tran Quynh Nhu				
	Validation: Tran Quynh Nhu, Quynh Thi Huong Bui				
	Investigation: Tran Quynh Nhu				
	Writing - original draft: Tran Quynh Nhu, Quynh Thi				
	Huong Bui				
	Writing - review & editing: Tran Quynh Nhu, Tan Van				
	Nguyen, Quynh Thi Huong Bui				
Ethics approval and consent to participate	The study protocol was approved by the Institutional				
	Review Board of Thong Nhat Hospital, Ho Chi Minh				
	City, Vietnam (60/2022/BVTN–HDYD September 20,				
	2022). Patients' personal information was kept				
	confidential and used only for research purposes. All				
	procedures followed the ethical standards set by				
	institutional and national research committees. However,				
	this did not interfere with the treatment process.				

# CORRESPONDING AUTHOR CONTACT INFORMATION

For the corresponding author (responsible	Fill in information in each box below
for correspondence, proofreading, and	
reprints)	
First name, middle initial, last name	Quynh, Thi Huong, Bui
Email address – this is where your proofs will	bthquynh@ump.edu.vn
be sent	
Secondary Email address	
Address	Deparment of Clinical Pharmacy, Faculty of Pharmacy,
	University of Medicine and Pharmacy at Ho Chi Minh
	City, Vietnam
Cell phone number	(+84)912261353
Office phone number	
Fax number	

7 8

#### ABSTRACT

10

- 11 **Introduction**: Acute myocardial infarction (AMI) is a leading cause of global morbidity and
- mortality. Clinical pharmacist intervention offers a promising approach to improve prescription
- appropriateness and treatment outcomes. This study evaluated the impact of this intervention in
- 14 treatment for AMI patients.
- 15 **Methods:** A retrospective before-and-after study was conducted on all AMI patients at the
- 16 Department of Interventional Cardiology, comparing two phases. The *pre* phase was designed
- without clinical pharmacist intervention (August 1, 2019, to December 31, 2019) and the *post*
- phase with the participation of clinical pharmacists in the prescription process (August 1, 2022,
- 19 to December 31, 2022); with 6-month post-AMI follow-up periods in each phase. The impact
- 20 of interventions was evaluated by comparing appropriateness of prescription, treatment
- outcomes, and adverse drug events (ADEs) between the two phases.
- Results: The study included 183 and 211 patients in the *pre* and *post* phases, respectively. The
- overall rates of prescription appropriateness were significantly higher in the *post* phase (85.8%)
- vs. 48.6%, p < 0.001). The mortality rates within 6 months of AMI discharge in the two phases
- were 18.6% and 16.5%, respectively (p = 0.604). The proportions of patients who experienced
- ADEs were 57.4% and 56.4%, respectively (p = 0.845). Clinical pharmacist interventions were
- 27 associated with a higher rate of overall prescription appropriateness (OR: 6.734; 95% CI: 4.098
- -11.065; p < 0.001).
- 29 **Conclusions**: Clinical pharmacist interventions significantly improved the appropriateness of
- prescription for AMI treatment but did not reduce occurrence of mortality or ADE.
- 31 **Keywords:** Acute myocardial infarction; Prescription Appropriateness; Clinical pharmacist
- 32 Intervention

## 33 1. INTRODUCTION

- Acute myocardial infarction (AMI) is an ischemic syndrome-induced myocardial necrosis [1].
- 35 AMI is the leading cause of morbidity and mortality worldwide, responsible for over 15% of
- annual mortality [2] and creates significant economic burden on the society [3]. Currently, the
- 37 main treatment approach for AMI focuses on optimal medical therapy, percutaneous coronary
- 38 intervention (PCI) and coronary artery bypass grafting to restore perfusion, prevent further
- myocardial necrosis and severe cardiovascular events [1,4,5]. The incidence of AMI and rates
- 40 of associated mortality have decreased in some developed countries [2]. This is probably

41 influenced by the innovation and strengthening of healthcare systems, and advances in treatment 42 management [2]. However, patients with AMI are often treated with polypharmacy [4,5], which 43 increases the risk of adverse drug events (ADEs). ADEs are associated with escalated morbidity 44 and mortality, prolonged hospitalization, and increased healthcare costs [6]. Therefore, during 45 therapy, patients must be carefully monitored for the benefits and risks from drug regimens, to 46 optimize their treatment effectiveness and safety. Adherence to clinical practice guidelines for 47 the treatment of AMI and prevention of secondary atherosclerotic cardiovascular events after 48 AMI have shown to reduce the risk of recurrent cardiovascular events, hospital readmission, 49 and incidence of death [1,4,5]. However, data from the United Kingdom Myocardial Ischemia 50 National Audit Project showed that approximately half of patients did not receive the 51 recommended treatment after acute coronary syndrome (ACS) [7]. Clinical pharmacist 52 intervention is a promising approach to promote appropriate prescription practices. These 53 interventions, which include medication adjustments, patient counselling and monitoring, 54 associated with reduced mortality rate, improved adherence, and better clinical outcomes [8-11]. Clinical pharmacists play a role in supporting prescription decisions at hospital admission, 55 in-hospital phase and post-discharge follow-up [8,9]. Several studies were conducted to evaluate 56 57 the effectiveness of clinical pharmacist interventions in patients with AMI [10,11]. 58 Thong Nhat Hospital is a Grade 1 general hospital under the Ministry of Health specialized in 59 geriatrics. Located in Ho Chi Minh City, the largest metropolitan area and a major healthcare 60 hub in southern Vietnam, the hospital holds a pivotal role in providing advanced medical 61 services [12]. The Department of Interventional Cardiology, recognized as one of the leading 62 cardiovascular intervention centres in the region, commits to the management of patients with 63 AMI and other complex cardiovascular diseases [13]. Since January 2020, a clinical pharmacist 64 has been working as a member of a multidisciplinary team in the department to ensure the 65 appropriateness of prescriptions. This could improve the quality of treatment and reinforce the safety of inpatients. This study aimed to assess the effectiveness of clinical pharmacist 66 67 interventions on improving the appropriateness of prescriptions and treatment outcomes in 68 patients with AMI.

69

70

71

#### 2. MATERIALS AND METHODS

### 2.1. Study setting

- A retrospective before-and-after study was conducted on inpatients diagnosed with and treated
- for AMI, including ST-segment elevation myocardial infarction (STEMI) and non-ST-segment
- 74 elevation myocardial infarction (NSTEMI), at the Department of Interventional Cardiology,
- 75 Thong Nhat Hospital. The study consisted of two phases. In the pre-intervention phase (or the
- 76 pre phase; from August 1st, 2019, to December 31st, 2019; with a 6-month post-AMI follow-
- up), clinical pharmacists did not intervene in physician's decisions regarding medication
- 78 prescriptions. In the intervention phase (or the *post* phase; from August 1<sup>st</sup>, 2022, to December
- 79 31st, 2022, with a 6-month post-AMI follow-up), clinical pharmacists actively participated in
- 80 the decision-making process for prescriptions.

## 81 **2.2. Study population and sampling**

- 82 The study sampled all patients aged 18 or older who were diagnosed and treated for AMI
- 83 (including STEMI and NSTEMI with ICD codes I21 or I22) at the Department of Interventional
- 84 Cardiology, Thong Nhat Hospital, Ho Chi Minh City, Vietnam, during the two study phases.
- 85 The exclusion criteria were patients who were transferred to another hospital, refused treatment,
- or lost contact within 6 months after AMI. Furthermore, if patients were hospitalized more than
- once for AMI at the Department of Interventional Cardiology during the same study phase, the
- study only collected data from the first hospitalization.

#### 2.3. Study outcomes

- 90 The data collection considered information on patient characteristics, number of drugs per day,
- 91 appropriateness of prescription (during hospitalization and discharge), treatment outcomes, and
- 92 ADEs. Patient characteristics included age, sex, AMI classification, revascularization strategy
- 93 comorbidity, number of comorbidities, Charlson Comorbidity Index (CCI), estimated
- glomerular filtration rate (eGFR), number of drugs per day and the length of hospital stay. The
- 95 appropriateness of prescription included the number of drug-related problems (DRPs),
- 96 appropriateness of indications, dosage, route of administration, and the variables were derived
- 97 for overall appropriateness. The treatment outcome was the mortality rate within 6 months after
- 98 AMI. ADEs included those that appeared during hospitalization, but not at the time of
- 99 admission.
- The impact of the clinical pharmacist interventions was evaluated by comparing indicators pair-
- wised from the *pre* and *post* phases. The evaluation focused on two key aspects: the primary
- outcome, which was the appropriateness of prescription; and the secondary outcomes, which

included treatment outcomes and the occurrence of ADEs. This approach allowed for a comprehensive analysis of the pharmacist's contribution to improving medication use and patient care.

## 106 **Definition**

- 107 Clinical pharmacist interventions
- 108 The clinical pharmacist intervention was defined as the intervention made by a graduated 109 clinical pharmacist with at least three years of professional experience; who was assigned to work in the Department of Interventional Cardiology for at least 4 hours/day, 5 days/week and 110 111 participated in the care of all patient cases, including patients with AMI, alongside doctors, 112 nurses, and other healthcare professionals; specifically, those who participated in staff meetings, 113 examined patients with a physician, reviewed medical records, assessed the appropriateness of 114 prescription to treat AMI, monitored for potential side effects, and provided recommendations 115 to optimize medication therapy. The clinical pharmacist may also share further rationale 116 information to both patients and healthcare staff regarding medication management after AMI. 117 The clinical pharmacist reviewed the medical records from the previous weekend on the first day of the following week and continued to intervene if any issues were identified. In case of 118 119 emergency, doctors could directly contact the on-duty pharmacists in the pharmacy department. 120 The interventions by the clinical pharmacist must be recorded in an electronic archive housed 121 on the hospital's secure internal server. To ensure confidentiality and data security, the folder 122 was password-protected, and access was restricted to assigned clinical pharmacists only.
- 123 The appropriateness of prescription
- 124 The appropriateness of AMI prescriptions was evaluated during hospitalization based on 125 specific criteria. These included the appropriateness of indications, dosage, route of 126 administration, and overall appropriateness of prescription for AMI management (such as 127 nitrates, opioid analgesics, anticoagulants, antiplatelets, beta-blockers, calcium channel 128 blockers - CCBs, angiotensin-converting enzyme inhibitors - ACEis/angiotensin receptor 129 blockers – ARBs, aldosterone antagonists, statins, and proton pump inhibitors – PPIs). These 130 evaluations were conducted in accordance to the "Vietnam Minister of Health Guidelines for 131 Diagnosis and Treatment of Acute Coronary Syndrome 2019 [1]" and "Vietnamese National 132 Drug Formulary 2018 [14]".

- 133 Indications were considered appropriate if the prescribed medications aligned with guideline
- recommendations and had no contraindications. The appropriateness of dosage was assessed to
- ensure that all key drugs for the treatment of AMI were prescribed at reasonable doses that
- aligned with clinical guidelines. Similarly, the route of administration was evaluated to confirm
- that the prescribed method of drug delivery was suitable and consistent with the recommended
- 138 practice for AMI management.
- 139 The overall appropriateness of prescription was defined as the fulfilment of all three criteria –
- appropriateness of indications, dosage, and route of administration. Notably, the dosage and
- route of administration were assessed only if the indication was deemed appropriate.
- 142 A DRP was identified if patients were prescribed at least one drug to treat AMI with an
- inappropriate indication, dosage, or route of administration. Indications, contraindications, and
- dosages applied to assess the rational use of certain drugs in the treatment of AMI are presented
- in Appendix 1.
- 146 Treatment outcomes
- 147 The study recorded the mortality rate within six months following AMI, which included two
- components. In-hospital mortality was defined as death that occurred during the patient's
- hospital stay, prior to discharge. Post-discharge mortality was recorded in patients who survived
- to discharge, up to six-month follow-up after the onset of AMI to capture any subsequent deaths.
- Data on mortality was obtained from the hospital information system and the electronic portal
- of the Vietnam Social Insurance, ensuring comprehensive and accurate documentation.
- 153 Adverse drug events
- The study considered ADEs that occurred during hospitalization, but were not presented at the
- time of admission. ADEs were recorded by pharmacists, physicians or nurses, either from the
- medical records or by direct observation. In both phases, all ADEs were registered in the
- hospital's ADE surveillance network. This network collects information and reports to The
- 158 National Centre of Drug Information and Adverse Drug Reactions Monitoring in Vietnam.
- 159 The ADE aetiology was assessed using the Naranjo algorithm. Both "certain" and "likely" (≥ 5
- points) ADEs were recorded. ADEs with Naranjo scores of under 5 were excluded.
- The criteria for ADE diagnosis in this study are presented in Appendix 2.

#### 162 **2.4. Statistical method**

- All data were analysed using the Statistical Package for the Social Sciences (SPSS) software,
- version 20.0, with the significance threshold at p < 0.05. Descriptive statistics were used to
- summarize the data. Variables with normal distribution were presented as means  $\pm$  standard
- deviation (SD), and those with non-normal distribution were summarized in medians with
- 167 interquartile ranges (IQR). Categorical variables (such as AMI classification, sex,
- 168 comorbidities, appropriateness of prescription, type of DRPs, treatment outcomes, and ADEs)
- were presented as frequency and percentage.
- 170 Inferential analyses were performed to compare variables between the two groups. Categorical
- variables were analysed using the Chi-square test. When more than 20% of expected cell counts
- were below 5, Fisher's exact test was applied. Continuous variables were compared using
- 173 Student's t-test for normally distributed data or the Mann-Whitney U test for data with non-
- 174 normal distribution.
- Multivariable logistic regression analysis, employing the backward elimination method, was
- conducted to identify factors associated with the appropriateness of prescription for treating
- AMI at the hospital. The dependent variable was overall prescription appropriateness, while
- independent variables included age, dyslipidaemia, history of coronary heart disease, number of
- drugs per day, and whether clinical pharmacist intervention was provided (yes/no). Independent
- variables were examined for potential univariate associations with statistical significance
- threshold of 80%, and multicollinearity prior to regression model entry. Additionally, the
- independent variables were examined for multicollinearity. Variance inflation factors (VIFs)
- and Hosmer-Lemeshow test were used for model selection.

## 184 **2.5. Ethical considerations**

- The study protocol followed the ethical standards set by institutional and national research
- committees, and was approved by the Institutional Review Board of Thong Nhat Hospital, Ho
- 187 Chi Minh City, Vietnam (60/2022/BVTN-HDYD September 20<sup>th</sup>, 2022). Patient's personal
- information was kept confidential and used only for research purposes.

## 189 **3. RESULTS**

## 190 **3.1. Characteristics of the study population**

- The study included 394 patients, of which 183 patients were in the *pre* phase and 211 in the *post*
- phase. A total of 180 (45.7%) patients were diagnosed with STEMI, whereas 214 (54.3%) were
- diagnosed with NSTEMI. There was no difference in the AMI classification between the two

- phases (p = 0.081). The majority of the study population were elderly patients ( $\geq$  60 years old),
- with a median age of 66 (57-79) years for all study populations. The age group of 75 years and
- above accounted for 32.5%, with a statistically significant difference between the two phases,
- primarily observed in this age group. The proportion of males was higher than females (66.5%
- vs. 33.5%). The rate of patients undergoing PCI in the study was recorded as 54.1% in phase 1
- and 61.1% in phase 2 (p = 0.158). The most common comorbidities in both study phases were
- 200 hypertension, heart failure, and dyslipidaemia. The median length of hospital stay in the two
- phases was 9 (IQR: 6 14) days and 8 (IQR: 6 12) days, respectively (p = 0.315).
- 202 Characteristics of the study population are summarized in Table 1.
- 203 [Insert Table 1 here]
- 204 3.2. The effectiveness of clinical pharmacist interventions
- 205 3.2.1. The appropriateness of AMI prescription during hospitalization
- The overall prescription appropriateness for AMI treatment was higher in the intervention phase
- 207 (85.8%) than in the pre-intervention phase (48.6%).
- The number of DRPs in the *post* phase decreased significantly compared with that in the *pre*
- 209 phase. One occurrence of DRP accounted for the highest proportion of cases in both phases, and
- 210 there were no cases with more than two DRPs in the *post* phase. In the *pre* phase, the rate of
- 211 inappropriate indications and dosages of PPIs were the highest and decreased significantly in
- 212 the *post* phase. Details regarding the appropriateness of prescribing medications in both study
- 213 phases are presented in Table 2. The sub-analysis, excluding DRPs related to PPI prescribing,
- 214 indicated that the rates of overall prescription appropriateness of primary medications for AMI
- 215 treatment (excluding PPIs) in *pre* and *post* phases were 86.9% and 91.5%, respectively (p =
- 216 0.141, Appendix 3).
- 217 [Insert Table 2 here]
- 218 Appendix 4 presents the selection process for the multivariate model based on univariate
- 219 regression analysis, and demonstrates the goodness of fit for the chosen model through Variance
- 220 Inflation Factor (VIF) assessment and the Hosmer-Lemeshow test. The results of the
- 221 multivariable logistic regression analysis indicated that clinical pharmacist interventions were
- associated with a higher rate of overall prescription appropriateness for AMI treatment in the
- 223 hospital (Table 3). In contrast, a history of coronary artery disease and an increased number of
- drugs used per day were associated with a lower rate of appropriate prescriptions (p < 0.05).

- 225 [Insert Table 3 here]
- 226 3.2.3. Treatment outcomes
- The 6-month post-AMI mortality rate in the *pre* phase was 18.6%, which was higher than that
- in the *post* phase (16.6%). However, the difference was not statistically significant (Table 4).

- 230 [Insert Table 4 here]
- 231 3.2.2. Adverse drug events
- A total of 105 patients (57.4%) in the *pre* phase and 119 patients (56.4%) in the *post* phase
- experienced at least one ADE during their hospital stay (p = 0.845). The most common ADEs
- 234 recorded in this study were electrolyte disorders (including hyperkalaemia, hypokalaemia,
- 235 hypernatremia, and hyponatremia), bleeding, and acute kidney injury, with the rate of each ADE
- exceeding 15% (Table 5).
- 237 [Insert Table 5 here]

238

## **4. DISCUSSIONS**

- In this study, the prevalence of STEMI and NSTEMI were 45.7% and 54.3%, respectively.
- 241 These results are similar to those from the study by Kim et al. in 2021 [15], which reported
- 43.4% of patients with STEMI and 56.6% of patients with NSTEMI. The majority of the study
- 243 population was elderly patients (67.3%), age is one of the main factors contributing to the
- increased risk of death [9,16] and bleeding in patients with AMI [16,17]. In both phases of our
- study, a higher proportion of males (> 65%) than females (< 35%) were recorded. Several
- studies have explored the differences in cardiovascular outcomes between genders. Findings in
- Australia by Nedkoff et al. in 2023 [18] indicated that the risk of major adverse cardiovascular
- events, cardiovascular-related deaths, and all-cause mortality were generally higher in females.
- Score of one in CCI was most common in the study, followed by 2, 0, 3, and  $\geq$  4 points.
- 250 Hypertension (94.2%), dyslipidaemia (75.4%), and heart failure (59.9%) were common
- comorbidities in both study phases. Comorbidities and polypharmacy are associated with poor
- 252 patient adherence to medications [19].
- 253 Compared to the *pre* phase, the *post* phase showed a statistically significant increase in the
- overall appropriateness of prescribing AMI medications during hospitalization (48.6% vs.
- 85.5%, p < 0.001). In particular, the appropriateness of the indications and dosages significantly

increased during the post phase. Most DRPs in the pre phase were inappropriate indications and PPI doses, which decreased significantly during the *post* phase. In particular, rabeprazole was repeatedly prescribed despite not being recommended for the prevention of NSAID-induced ulcers, and pantoprazole 40 mg once daily was also frequently used for ulcer prophylaxis, even though this dosage was considered inappropriate [14]. This showed that the DRPs in the treatment of AMI in the Department of Interventional Cardiology had been effectively intervened by clinical pharmacists. The sub-analysis results indicated that the prescribing of primary medications for AMI treatment (excluding PPIs) yielded a high level of appropriateness, with an overall rate of 86.9% in the *pre* phase and no significant difference in the intervention phase. As the Department of Interventional Cardiology at Thong Nhat Hospital is a major intervention centre in Vietnam, physicians demonstrated a high level of competency in providing indications for AMI treatment. In comparison, a study by Gona et al. in 2021 [20] showed that 52% of patients with ACS had DRPs, with the majority of DRPs related to drug selection (34.05%) and dose selection (26.97%). This is the higher DRP rate than observed in both phases of our study. In general, differences in study populations, areas, and criteria of appropriateness led to difficulties in comparing studies. The effect of the intervention was also proven through the logistic regression analysis results, with intervention from clinical pharmacists as a factor related to increasing the appropriateness of prescribing medications to treat AMI at the hospital (OR: 6.734; 95% CI: 4.098 - 11.065; p < 0.001). The importance of clinical pharmacists in the detection, resolution, and prevention of DRPs, and their contribution in improving patient outcomes and optimizing healthcare costs have been demonstrated in some other studies on cardiovascular patients [20,21]. Conversely, the results from the logistic regression equation showed that a history of coronary heart disease and an increased number of medications used per day were associated with a reduced rate of appropriate medication use in the treatment of AMI. This may be explained by clinical complexity, as patients with coronary heart disease often have multiple comorbidities and are frequently on several medications which can complicate treatment decisions [22]. In summary, the available data and main findings of this study suggested that clinical pharmacist interventions can have a positive impact on improving the rates of prescription appropriateness in treatment for patients with AMI. Previous studies have reported varying rates of major bleeding in patients with AMI, ranging

from 0.39% to 10.8% [17,23,24]. There are several reasons for the variation in bleeding rates,

256

257

258

259

260

261

262

263

264

265

266

267

268

269

270

271

272

273

274

275

276

277

278

279

280

281

282

283

284

285

286

287 including differences in bleeding definition, patient characteristics, and treatment therapy. 288 Bleeding is a considerable adverse event associated with short-term, long-term, and thrombotic 289 events, such as AMI and stroke. Additionally, interruption of antithrombotic therapy due to 290 bleeding is independently associated with increased mortality [25]. Thirteen ADEs other than 291 bleeding were recorded, with rates ranging from 0.5% to 30.2%. In a study by Mahadevappa et 292 al. in 2022 [26], 20.7% of the patients experienced 30 different ADRs. The six-month post-AMI 293 mortality rates in Soldati et al. in 2021 [19], Takeji et al. in 2021 [27], and Kumar et al. in 294 2021 [28] ranged from approximately 8% to 11%, which were lower than in our study. A cohort 295 study assessing long-term survival following AMI in Australia and New Zealand found that the 296 probability of survival decreased rapidly within the first year after AMI and declined gradually 297 thereafter [29]. For many years, post-AMI mortality rates in different settings are varied because 298 of differences in designated institutions and study populations. In general, our study did not 299 observe any difference in the incidence of ADEs and the mortality rate after 6 months of AMI 300 treatment between the two phases. This may be due to the overall high level of appropriateness 301 in medication use across both phases, except for PPIs, which likely limited the occurrence of 302 ADEs and the mortality rate. 303 Although this study demonstrated the effectiveness of clinical pharmacist interventions in 304 treating patients with myocardial infarction, we acknowledge several limitations, including the 305 following. The study was conducted at a single centre, limiting its ability to reflect the diversity 306 in culture, race, gender, and age of AMI patients. The before-and-after design with a lengthy 307 gap between data collection points raised the possibility that prescribing improvements over 308 time may have occurred independently of pharmacist intervention. The evaluation of 309 "prescription appropriateness," based on indications, dosages, and administration routes, may 310 not fully reflect the complexity of clinical pharmacy practice. DRPs in the *pre* phase may have 311 been underreported due to the absence of a clinical pharmacist. Finally, the use of two distinct 312 populations in the *pre* and *post* phases could introduce bias due to demographic and baseline 313 differences. However, multivariable logistic regression was used to adjust for these factors, 314 minimizing their impact and ensuring a robust evaluation of the interventions.

## 5. CONCLUSIONS

315

Our study demonstrated that clinical pharmacist interventions significantly improved the appropriateness of prescribing medications to treat AMI but did not reduce mortality or ADE.

- 318 Specifically, clinical pharmacy has played a crucial role in improving the appropriateness of
- 319 indications and dosages for PPI prescriptions. These findings support enhancing the role of
- 320 clinical pharmacists in ensuring the appropriateness of AMI prescription to minimize the rate of
- 321 DRPs and optimize treatment outcomes.
- 322 **6. COMPETING INTERESTS**
- No potential conflict of interest relevant to this article was reported.
- 324 **7. ACKNOWLEDGMENTS**
- 325 The authors thank all the staff members at the Department of Pharmacy and the Department of
- 326 Interventional Cardiology of Thong Nhat Hospital for their contributions to our study.

328

329

#### REFERENCES

- 330 1. Vietnam Minister of Health. Guidelines for diagnosis and treatment of acute coronary
- 331 syndrome. 2019:1-34.
- 2. Joshua Chadwick J, Karapet D, Subramanian SS, Jemmi P. Epidemiology of Myocardial
- Infarction. In: Burak P, editor. Myocardial Infarction. Rijeka: IntechOpen; 2018. p. Ch. 2.
- 3. Kolansky DM. Acute coronary syndromes: morbidity, mortality, and pharmacoeconomic
- burden. Am J Manag Care. 2009;15(2 Suppl):S36-41. PubMed PMID: 19355807.
- 4. Collet JP, Thiele H, Barbato E, Barthélémy O, Bauersachs J, Bhatt DL, et al. 2020 ESC
- Guidelines for the management of acute coronary syndromes in patients presenting without
- persistent ST-segment elevation. Eur Heart J. 2021;42(14):1289-367. doi:
- 339 10.1093/eurheartj/ehaa575. PubMed PMID: 32860058.
- 5. Ibanez B, James S, Agewall S, Antunes MJ, Bucciarelli-Ducci C, Bueno H, et al. 2017 ESC
- Guidelines for the management of acute myocardial infarction in patients presenting with
- 342 ST-segment elevation: The Task Force for the management of acute myocardial infarction in
- patients presenting with ST-segment elevation of the European Society of Cardiology (ESC).
- Eur Heart J. 2018;39(2):119-77. doi: 10.1093/eurheartj/ehx393. PubMed PMID: 28886621.
- 6. Classen DC, Pestotnik SL, Evans RS, Lloyd JF, Burke JP. Adverse drug events in
- hospitalized patients. Excess length of stay, extra costs, and attributable mortality. Jama.
- 347 1997;277(4):301-6. PubMed PMID: 9002492.

- 7. Simms AD, Weston CF, West RM, Hall AS, Batin PD, Timmis A, et al. Mortality and missed
- opportunities along the pathway of care for ST-elevation myocardial infarction: a national
- cohort study. Eur Heart J Acute Cardiovasc Care. 2015;4(3):241-53. Epub 20140916. doi:
- 351 10.1177/2048872614548602. PubMed PMID: 25228048.
- 8. Hassan Y, Kassab Y, Abd Aziz N, Akram H, Ismail O. The impact of pharmacist-initiated
- interventions in improving acute coronary syndrome secondary prevention pharmacotherapy
- prescribing upon discharge. J Clin Pharm Ther. 2013;38(2):97-100. Epub 20130226. doi:
- 355 10.1111/jcpt.12027. PubMed PMID: 23441979.
- 9. Zhai XB, Gu ZC, Liu XY. Clinical pharmacist intervention reduces mortality in patients with
- acute myocardial infarction: a propensity score matched analysis. Eur J Hosp Pharm.
- 358 2019;26(5):248-52. Epub 20180314. doi: 10.1136/ejhpharm-2017-001344. PubMed PMID:
- 359 31656610; PubMed Central PMCID: PMCPMC6788265.
- 360 10. Dorsch MP, Lose JM, DiDomenico RJ. The effect of cardiovascular credentialed
- pharmacists on process measures and outcomes in myocardial infarction and heart failure.
- Pharmacotherapy. 2014;34(8):803-8. Epub 20140605. doi: 10.1002/phar.1444. PubMed
- 363 PMID: 24898104.
- 11. Lambert-Kerzner A, Del Giacco EJ, Fahdi IE, Bryson CL, Melnyk SD, Bosworth HB, et al.
- Patient-centered adherence intervention after acute coronary syndrome hospitalization. Circ
- 366 Cardiovasc Qual Outcomes. 2012;5(4):571-6. doi: 10.1161/circoutcomes.111.962290.
- 367 PubMed PMID: 22811499.
- 368 12. Thong Nhat hospital. Bênh viên Thống Nhất Thong Nhat hospital [internet]. [cite 2025]
- 369 Jan 18]. https://bvtn.org.vn/.
- 370 13. Thong Nhat hospital. Khoa Tim mạch cấp cứu và can thiệp [internet]. [cite 2025 Jan 18].
- 371 https://bvtn.org.vn/chuyen-khoa/tim-mach-cap-cuu-va-can-thiep/.
- 372 14. Vietnam Minister of Health Vietnamese National Drug Formulary Hanoi Medical
- 373 Publishing House; 2018.
- 374 15. Kim RB, Hwang JY, Park HW, Her AY, Lee JH, Kim MH, et al. Contemporary Status of
- 375 Acute Myocardial Infarction in Korean Patients: Korean Registry of Acute Myocardial
- Infarction for Regional Cardiocerebrovascular Centers. J Clin Med. 2021;10(3). Epub
- 377 20210201. doi: 10.3390/jcm10030498. PubMed PMID: 33535380; PubMed Central
- 378 PMCID: PMCPMC7867023.

- 379 16. Timóteo AT, Ramos R, Toste A, Lousinha A, Alberto Oliveira J, Lurdes Ferreira M, et al.
- Impact of age on treatment and outcomes after acute myocardial infarction, particularly in
- very elderly patients. Revista Portuguesa de Cardiologia (English Edition).
- 382 2011;30(12):897-903. doi: https://doi.org/10.1016/j.repce.2011.09.002.
- 383 17. Sun Y, Feng L, Li X, Wang Z, Gao R, Wu Y. In-hospital major bleeding in patients with
- acute coronary syndrome medically treated with dual anti-platelet therapy: Associated
- factors and impact on mortality. Front Cardiovasc Med. 2022;9:878270. Epub 20221031.
- doi: 10.3389/fcvm.2022.878270. PubMed PMID: 36386364; PubMed Central PMCID:
- 387 PMCPMC9661195.
- 388 18. Nedkoff L, Briffa T, Murray K, Gaw J, Yates A, Sanfilippo FM, et al. Risk of early
- recurrence and mortality in high-risk myocardial infarction patients: A population-based
- linked data study. Int J Cardiol Cardiovasc Risk Prev. 2023;17:200185. Epub 20230406.
- 391 doi: 10.1016/j.ijcrp.2023.200185. PubMed PMID: 37122877; PubMed Central PMCID:
- 392 PMCPMC10139974.
- 393 19. Soldati S, Di Martino M, Castagno D, Davoli M, Fusco D. In-hospital myocardial infarction
- and adherence to evidence-based drug therapies: a real-world evaluation. BMJ Open.
- 395 2021;11(2):e042878. doi: 10.1136/bmjopen-2020-042878.
- 396 20. Gona OJ, Shambu SK, Madhan R. Frequency and nature of drug-related problems in
- patients with acute coronary syndrome: role of the clinical pharmacist in coronary care
- 398 practice. Journal of Pharmacy Practice and Research. 2020;51.
- 399 21. Biradar SM, Kohima B, Nayak V, Nandikol S, Warad V, Byakod SM, et al. Assessment of
- 400 Drug Related Problems and Pharmacist Interventions in Inpatients with Cardiovascular
- Disease. Rational Pharmacotherapy in Cardiology. 2022.
- 402 22. Rossello X, Pocock SJ, Julian DG. Long-Term Use of Cardiovascular Drugs: Challenges
- for Research and for Patient Care. Journal of the American College of Cardiology.
- 404 2015;66(11):1273-85. doi: https://doi.org/10.1016/j.jacc.2015.07.018.
- 405 23. Mathews R, Peterson ED, Chen AY, Wang TY, Chin CT, Fonarow GC, et al. In-hospital
- 406 major bleeding during ST-elevation and non-ST-elevation myocardial infarction care:
- derivation and validation of a model from the ACTION Registry®-GWTG<sup>TM</sup>. Am J Cardiol.
- 408 2011;107(8):1136-43. Epub 20110215. doi: 10.1016/j.amjcard.2010.12.009. PubMed
- 409 PMID: 21324428.

- 410 24. Belle L, Cayla G, Cottin Y, Coste P, Khalife K, Labèque J-N, et al. French Registry on
- 411 Acute ST-elevation and non-ST-elevation Myocardial Infarction 2015 (FAST-MI 2015).
- Design and baseline data. Arch Cardiovasc Dis. 2017;110(6-7):366-78. doi:
- 413 10.1016/j.acvd.2017.05.001. PubMed PMID: 28647465.
- 414 25. Steg PG, Huber K, Andreotti F, Arnesen H, Atar D, Badimon L, et al. Bleeding in acute
- coronary syndromes and percutaneous coronary interventions: position paper by the
- Working Group on Thrombosis of the European Society of Cardiology. Eur Heart J.
- 417 2011;32(15):1854-64. Epub 20110629. doi: 10.1093/eurheartj/ehr204. PubMed PMID:
- 418 21715717.
- 419 26. Mahadevappa M, Meher C, Pushpa NB, Kulkarni P, Poornima KS, Desai N. Study of
- pattern & distribution of adverse drug reactions in acute coronary syndrome patients in a
- 421 tertiary care hospital. Indian J Med Res. 2022;156(1):111-21. doi
- 422 10.4103/ijmr.IJMR\_1275\_20. PubMed PMID: 36510903; PubMed Central PMCID:
- 423 PMCPMC9903395.
- 424 27. Takeji Y, Shiomi H, Morimoto T, Yamamoto K, Matsumura-Nakano Y, Nagao K, et al.
- Differences in mortality and causes of death between STEMI and NSTEMI in the early and
- late phases after acute myocardial infarction. PLoS One. 2021;16(11):e0259268. Epub
- 427 20211117. doi: 10.1371/journal.pone.0259268. PubMed PMID: 34788296; PubMed
- 428 Central PMCID: PMCPMC8598015.
- 429 28. Kumar D, Saghir T, Kumar R, Sial JA, Khan KA, Shah JA, et al. Predictors of 6-month
- 430 Mortality in Patients with Non-ST Elevation Acute Coronary Syndrome: A Study in
- 431 Pakistani Population. J Saudi Heart Assoc. 2021;33(4):286-92. Epub 20211015. doi:
- 432 10.37616/2212-5043.1269. PubMed PMID: 35083118; PubMed Central PMCID:
- 433 PMCPMC8754448.

- 434 29. Nadlacki B, Horton D, Hossain S, Hariharaputhiran S, Ngo L, Ali A, et al. Long term
- survival after acute myocardial infarction in Australia and New Zealand, 2009-2015: a
- 436 population cohort study. Med J Aust. 2021;214(11):519-25.

Table 1. Patient's characteristics

	All	Pre-	Intervention	
Characteristics	(N = 394)	intervention	$(n^2 = 211)$	p-value
		$(n^1 = 183)$		
Age (years), median (IQR)	66 (57 – 79)	67 (56 – 83)	65 (57 – 74)	0.025#
Age group, n (%)				^
< 50	47 (11.9)	23 (12.6)	24 (11.4)	
50 - <75	219 (55.6)	84 (45.9)	135 (64.0)	0.001*
≥ 75	128 (32.5)	76 (41.5)	52 (24.6)	_
Sex, n (%)				
Male	262 (66.5)	120 (65.6)	142 (67.3)	0.710*
Female	132 (33.5)	63 (34.4)	69 (32.7)	_ 0.718*
AMI classification, n (%)				
STEMI	180 (45.7)	75 (41.0)	105 (49.8)	0.001*
NSTEMI	214 (54.3)	108 (59.0)	106 (50.2)	_ 0.081*
Revascularization strategy, n (%)		,		
PCI	228 (57.9)	99 (54.1)	129 (61.1)	0.158*
CABG	0 (0)	0 (0)	0 (0)	-
Comorbidities, n (%)				
Hypertension	371 (94.2)	172 (94.0)	199 (94.3)	0.891*
Dyslipidemia	297 (75.4)	114 (62.3)	183 (86.7)	< 0.001*
Heart failure	236 (59.9)	103 (56.3)	133 (63.0)	0.173*
Diabetes	146 (37.1)	57 (31.1)	89 (42.2)	0.024*
Coronary heart disease	96 (24.4)	46 (25.1)	50 (23.7)	0.740*
Chronic kidney disease	54 (13.7)	19 (10.4)	35 (16.6)	0.074*
History of stroke	29 (7.4)	15 (8.2)	14 (6.6)	0.554*
Atrial fibrillation	19 (4.8)	11 (6.0)	8 (3.8)	0.305*
Peripheral artery disease	2 (0.5)	2 (1.1)	0 (0)	0.215**
Number of comorbidities, median	5 (3 – 6)	4 (3 – 6)	5 (4 – 6)	< 0.001#
(IQR)				

CCI, n (%)				
0	83 (21.1)	35 (19.1)	48 (22.7)	
1	148 (37.6)	69 (37.7)	79 (37.4)	
2	91 (23.1)	45 (24.6)	46 (21.8)	0.916*
3	38 (9.6)	18 (9.8)	20 (9.5)	
≥ 4	34 (8.6)	16 (8.7)	18 (8.5)	
eGFR (ml/min/1.73m <sup>2</sup> ), mean ± SD	$65.3 \pm 27.0$	$63.2 \pm 27.9$	$67.0 \pm 26.1$	0.165##
Number of drugs per day, median	11 (9 – 14)	11 (9 – 14)	11 (9 – 13)	0.943#
(IQR)	11 (9 – 14)	11 (9 – 14)	11 (9 – 15)	0.943
The length of hospital stays,	8 (6 – 13)	9 (6 – 14)	9 (6 12)	0.315#
median (IQR)	0 (0 – 13)	9 (0 – 14)	8 (6 – 12)	0.313

<sup>#:</sup> Mann-Whitney U test; ##: Student's T test; \*: Chi-square test; \*\*: Fisher's exact test

**Table 2.** The appropriateness of prescribing drugs to treat acute myocardial infarction

Annuonviotonoss	All	<b>Pre-intervention</b>	Intervention	n volue
Appropriateness	(N = 394)	$(n^1 = 183)$	$(n^2 = 211)$	p-value
The appropriateness of indications, n (%)	346 (87.8)	145 (79.2)	201 (95.3)	< 0.001*
The appropriateness of the dose, n (%)	314 (79.7)	121 (66.1)	193 (91.5)	< 0.001*
The appropriateness of the route of administration, n (%)	380 (96.4)	173 (94.5)	207 (98.1)	0.056*
Overall appropriateness, n (%)	270 (68.5)	89 (48.6)	181 (85.8)	< 0.001*
The number of DRPs median (IQR)	0 (0 – 1)	1 (0 – 1)	0 (0 – 0)	< 0.001#
- 0 DRP, n (%)	270 (68.5)	89 (48.6)	181 (85.8)	
- 1 DRP, n (%)	99 (25.1)	71 (38.8)	28 (13.3)	< 0.001*
- ≥ 2 DRPs, n (%)	25 (6.3)	23 (12.6)	2 (0.9)	
Inappropriate indication, n (%)				
- Contraindications of ACEi/ARB	4 (1.0)	4 (2.2)	0 (0)	0.045**
- Contraindications of spironolacton	10 (2.5)	3 (1.6)	7 (3.3)	0.350**
- Contraindications of statin	7 (1.8)	5 (2.7)	2 (0.9)	0.258**

Ammonwiatowood	All	Pre-intervention	Intervention	m realise		
Appropriateness	(N = 394)	$(n^1 = 183)$	$(n^2 = 211)$	p-value		
- Incorrect/or lack of PPI indication	31 (7.9)	30 (16.4)	1 (0.5)	< 0.001**		
Inappropriate dose, n (%)						
- Inappropriate dose of anticoagulant	16 (4.1)	7 (3.8)	9 (4.3)	0.825*		
- Inappropriate loading dose of	4 (1.0)	4 (2.2)	0 (0)	0.046**		
clopidogrel	4 (1.0)	4 (2.2)	0 (0)	0.040		
- Inappropriate loading dose of statin	4 (1.0)	4 (2.2)	0 (0)	0.046**		
- Inappropriate dose of beta-blocker	1 (0.3)	1 (0.5)	0(0)	0.464**		
- Inappropriate dose of ACEi/ARB	3 (0.8)	1 (0.6)	2 (0.9)	1.000**		
- Inappropriate dose of PPI	62 (15.7)	56 (30.6)	6 (2.8)	< 0.001*		
Inappropriate route of administration, n (%)						
- Inappropriate route of administration	14 (3.6)	10 (5.5)	4 (1.9)	0.056**		
of PPI	17 (3.0)	10 (3.3)	T (1.7)	0.030		

Abbreviation: ACEi: Angiotensin-converting enzyme inhibitors; ARB: Angiotensin II receptor blockers; PPI: proton pump inhibitors

**Table 3.** Factors related to the appropriateness of prescribing during hospitalization by multivariable logistic regression analysis

95% CI
8-11.065
73-0.797
70-0.998
7

444

441

442

443

Table 4. The treatment outcomes of the study population

Outcomo		All	Pre-intervention	Intervention	n volue
Outcome	(N=394)	$(n^1 = 183)$	$(n^2 = 211)$	p-value	
Survival		325 (82.5)	149 (81.4)	176 (83.4)	0.604*

<sup>#:</sup> Mann-Whitney U test; \*: Chi-square test; \*\*: Fisher's exact test

Mortality at 6 months after AMI	69 (17.5)	34 (18.6)	35 (16.6)	0.604*
- In-hospital mortality	4 (1.0)	3 (1.6)	1 (0.5)	0.341**
- Post-discharge mortality	65 (16.7)	31 (17.2)	34 (16.2)	0.785*
$(n^1 = 180, n^2 = 210)$	03 (10.7)	31 (17.2)	34 (10.2)	0.765
*: Chi-square test; **: Fisher's exact	t test			

**Table 5.** Adverse drug events in the study

ADEa (0/)	All	<b>Pre-intervention</b>	Intervention	
ADEs, n (%)	(N=394)	$(n^1 = 183)$	$(n^2 = 211)$	p-value
At least one ADE	224 (56.9)	105 (57.4)	119 (56.4)	0.845*
Electrolyte disorder	119 (30.2)	68 (37.2)	51 (24.2)	0.005*
Bleeding	105 (26.6)	51 (27.9)	54 (25.6)	0.610*
Acute kidney injury	75 (19.0)	29 (15.8)	46 (21.8)	0.133*
ADEs on the digestive system	37 (9.4)	16 (8.7)	21 (10.0)	0.731*
Acute liver injury	27 (6.9)	13 (7.1)	14 (6.6)	0.854*
Headache	14 (3.6)	8 (4.4)	6 (2.8)	0.414*
Hypotension	11 (2.8)	8 (4.4)	3 (1.4)	0.076**
Mental disorder	9 (2.3)	5 (2.7)	4 (1.9)	0.739**
Cough	9 (2.3)	6 (3.3)	3 (1.4)	0.314**
Anaphylaxis	7 (1.8)	5 (2.7)	2 (0.9)	0.258**
Hypoglycaemia	6 (1.5)	2 (1.1)	4 (1.9)	0.690**
Thrombocytopenia	4 (1.0)	2 (1.1)	2 (0.9)	1.000**
Hypertension	3 (0.8)	2 (1.1)	1 (0.5)	0.599**
Dyspnoea	2 (0.5)	0 (0)	2 (0.9)	0.501**

<sup>\*:</sup> Chi-square test; \*\*: Fisher's exact test

Epub 20210516. doi: 10.5694/mja2.51085. PubMed PMID: 33997979.